Juice Press



Important Safeguards

When using electrical appliances, in order to reduce the risk of fire, electric shock and/or injury to persons, basic safety precautions should always be followed, including:

For Your Safety

Read all instructions carefully, even if you feel you are quite familiar with the appliance.

- To protect against electric shock, DO NOT IMMERSE the motor unit or supply cord into water or any other liquid.
- Dangerous high voltages are present inside this enclosure. To avoid electric shock, DO NOT open the cabinet. Refer servicing to qualified personnel only.
- Never leave the appliance unattended when in use.
- Children should be supervised to ensure that they do not play with the appliance.
- Do not allow the power cord to hang over edge of a table or counter, or touch hot surfaces. Do not operate or place any part of this appliance on or near a hot gas or electric burner, or in a heated oven.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory and mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Do not operate the appliance if there is a malfunction or if it is damaged in any manner.
- Do not use this appliance in any manner or with any other accessories that are not recommended within this instruction manual. Doing so may cause fire, electric shock or injury.
- Operate on a level surface. Operation on sinks, drain boards or uneven surfaces should be avoided.
- This appliance must be earthed. Only connect it to a suitable earthed AC 240V~50Hz mains socket.

- Switch off the power outlet and remove the plug before cleaning or when the appliance is not in use.
- Appliances are not intended to be operated by means of an external timer or separate remote-control system.
- · Do not use outdoors.
- A short power-supply cord is provided to reduce the risk of tripping or entanglement.
 Do not use this appliance with an extension power cord.
- Metallic objects such as knives, forks and spoons should not be placed in the appliance.
- Do not misuse the power cord. Never carry the appliance by the power cord or pull to disconnect it from the outlet. Instead, grasp the plug and pull to disconnect.
- Do not attempt to repair, disassemble or modify the appliance. There are no userserviceable parts.
- Do not use any appliance for anything other than its intended use. This product is intended for household use only.
- This appliance is intended to be used in household and similar applications such as:
- Staff kitchen areas in shops, offices and other working environments;
- Farm houses:
- By clients in hotels, motels and other residential type environments;
- Bed and breakfast type environments.
- Do not pur your fingers or other objects into the juicer while it is in operation. If food becomes lodged in opening, use food pusher or another piece of fruit or vegetable to push it down. When this method is not possible, switch off the power outlet, remove the plug and disassemble juicer to remove the remaining food.

Warning

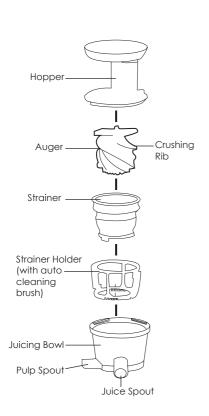
In the interest of safety, regular periodic close checks should be carried out on the supply cord to ensure no damage is evident. If the supply power cord is damaged, do not attempt to dismantle or repair this unit yourself, the power cord must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.

This product has not been designed for any uses other than those specified in this booklet.

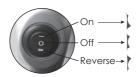
NEVER reach into the feeding tube with your fingers or with an object while the appliance is running. Only the pusher is to be used for this purpose. Make sure the motor stops completely, switch off the power outlet and remove the plug before disassembling.

Save These Instructions

Features of Your Juice Press







Switcher Fig.

The Juice Press has 3 settings:

- * "ON" starts motor and making juice.
- * "OFF" is at the center position. This allow the appliance to turn off.
- * "REVERSE" can only be used when something is stuck and you need to unclog.

Getting to Know Your Juice Press

Congratulations on the purchase of your new Bellini Juice Press.

Before using your new appliance for the first time, it is most important that you read and follow the instructions in this booklet, even if you feel you are quite familiar with this type of appliance.

For future reference find a safe place to keep this booklet handy. Attention is particularly drawn to the section "Important Safeguards".

This appliance has been designed to operate from a standard domestic power outlet. It is not intended for industrial or commercial use.

Before First Use

Carefully wipe the exterior of the appliance to remove any dust that may have accumulated. Dry with a dry towel. Do not use harsh abrasive cleaners. Wash the accessories in warm soapy water, dry with a dry towel. Do not immerse the supply cord or motor part of this appliance in water or any other liquids.

Wash the juicing bowl, strainer, strainer holder, auger, food pusher, juice container and pulp container in warm soapy water with a soft cloth or nylon brush. Rinse and dry thoroughly.

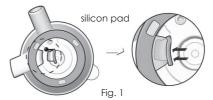
Note: These parts are not dishwasher safe.

This appliance has a built-in safety lock; this feature ensures that you can only switch on the appliance if you have assembled the Juice Press correctly on the motor unit. When assembled correctly, the built-in safety lock will be unlocked.

Assembling the Juice Press

Before you assemble the Juice Press, ensure that the power cord is unplugged.

- 1. Place the motor base on a flat dry surface such as a counter-top.
- Underneath the juice bowl is the pulp extraction silicon, which is used to remove the pulp from the spout of the juicing bowl. Ensure that the silicon pad is firmly inserted into the hole. (see fig.1)



3. Place the juicing bowl onto the motor base with the centre hub over shaft of base. When connecting the juicing bowl to the motor base, ensure that the 3 holes in the bottom of the juicing bowl align with the 3 attachments on the motor base. Twist the juicing bowl clockwise onto the base to lock it into place (See Fig 2).



3 alignment attachments Fig.2a



Fig.2b

 Assemble the strainer into the strainer holder, then place this assembled set into the juicing bowl.(see Fig.3)



Fig.3

 Make sure the dot mark on the strainer and the dot mark on the juicing bowl is aligned.
 Ensure that the strainer is completely pushed down into the position. (see Fig.4)



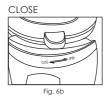
 Push in the Auger into the strainer. Ensure that the Auger is in position by pressing down on it, and feeling the Auger click into place. (see Fig.5)



 Place the Hopper onto the juicing bowl. Make sure the arrow on the hopper and the white dot on the bowl is aligned. Twist the hopper clockwise so that the hopper edge is pointing to "CLOSE" position. The Hopper will click into position. (see Fig.6)



Fig. 6a



- 8. Place the food pusher into the hopper. The pusher can only fit one way.
- 9. Place the juice container under the Juice spout. Place the pulp container under the Pulp ejection. (See Fig. 7)



IMPORTANT: If the juicing bowl and lid are not correctly assembled, the Juice Press will not operate. This is a safety feature.

DO NOT PLUG THE CORD INTO AN ELECTRICAL OUTLET UNTIL ALL PARTS ARE ASSEMBLED FIRMLY.

Do not pre-operate before inputting materials or do not operate with an empty bowl.

Using your Juice Press

- Clean fruit and/or vegetables thoroughly, ready for juicing.
- If juicing fruit with stones or hard seeds, pit the fruit. Remove any hard inedible skins, i.e. skin of melons, pineapples and mangoes prior to juicing. If citrus fruits are being used, remove the skin prior to juicing.
- For oversized pieces of fruit and/or vegetables, cut the food into small pieces that fit into the feeding tube and insert it through the feed tube
- The juice press will only function if all parts have been properly assembled and the hopper has been properly locked in place with the clamps.

- Connect the mains plug into an earthed AC 240V 50Hz outlet. Turn the Switcher to "-" position to turn on the juice press.
- Press the food pusher slowly down until all fruit or vegetables have gone through the Juice Press. Do not exert too much pressure on the pusher, as this could affect the quality of the end result and it could damage the unit.
- The juice from the fruit and/or vegetables will flow directly into the juice container and the pulp will be collected in the pulp container. Additional food to be processed can be added through feed tube.
- After you have processed all ingredients and the juice flow has stopped, switch the appliance off and unplug it. Wait until the motor stops completely, now it is safety to disassemble the juicing bowl.
- 9. When the appliance is stuck and not operable, please -
 - * Turn off the appliance. wait until the motor stops, switch it to "REVERSE" for few seconds, and then try operating again.
 - * When Reverse switch does not work, turn off the appliance, remove the plug and disassemble juicer to remove the remaining food. Reassemble the appliance following the instruction provided. After reassembled, please try operating again.

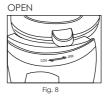
WARNING WHILE OPERATING

- Do not operate this appliance for more than 15 minute of continuous operation at a time. If you reach 15 minute, allow to cool for 15 minutes, and then resume operation.
- Do not use anything as a pusher (fork, chopsticks, spoons, etc.) other than the pusher itself.
- 3. Remove any hard seeds or stones.
- 4. Do not operate with wet hands.
- Do not place the attachment parts in the dishwasher. Violating the warnings may cause serious injuries or damage to the product.

Disassemble Your Juice Press

- Ensure the Juice Press is turned off and the power cord is unplugged from the power outlet.
- Remove the pulp container and juice container.

3. Remove the hopper by turning it to the open position (anti-clockwise). (see Fig. 8)



4. The juicing bowl, auger, strainer and strainer holder can all be removed together. Grip the juice bowl and turn it to the open position (anti-clockwise) slightly, it will click out of position. This is a very small movement. The juicing bowl and all the internals can now be lifted out of the motor base for cleaning.

Tips for Juicing

Cut food items into small pieces for optimal extraction.

Do not place ice or frozen fruit into the Juice Press. Do not push the food down with excessive force. The food pusher is designed to gently push food down.

Insert food at a regular speed, allowing all the pulp to be extracted. For maximum efficiency, do not rush this process. When juicing leafy greens or wheat grass, it is suggested that you mix it with fruits or other hard vegetables for optimal results. Juice nuts only with other foods such as soaked soybeans or liquids. Check the recipes at the end of the operating instructions for ideas. The juice from fresh fruit and vegetables is high in nutritional content. Juice from fresh fruit and vegetables is an important part of a balanced diet.

When selecting fruit and vegetables for juicing, always select fresh and well ripened specimens. Fresh fruit and vegetables carry more flavour and juice than those that are not properly ripened. Juice is best consumed when freshly made as this is when its vitamin and mineral content is highest.

Your Juice Press can handle most varieties of fruit and vegetables. If using fruit with hard, inedible skin (i.e. watermelons, pineapple, mangoes etc.) always peel the skin before placing in the Juice Press. The skin of citrus fruit should also be removed before fruit is placed in the Juice Press. For better tasting citrus juice, also remove the inner white peel from the fruit. Fruits with stones or hard seeds (i.e. mangoes, nectarines, apricots, and cherries) should be pitted before juicing. A small amount of lemon can be added to apple juice to prevent the juice browning.

The Juice Press is not suitable for juicing very hard and starchy fruits or vegetables such as sugar cane. When juicing fruit and vegetables of different consistency it may help to juice different combinations, i.e. juice soft fruit first, (i.e. oranges) then follow with hard fruit (i.e. apples). This will help you achieve maximum juice extraction. If juicing herbs or leafy vegetables, wrap them together to form a bundle before placing in the Juice Press or combine them with other ingredients for juicing.

NOTE: The Juice Press will only function correctly if all parts have been assembled correctly, the hopper is in position.

Maintenance

Regular maintenance of your appliance will keep it safe and in proper operational order.

Before Cleaning

When not in use or before cleaning, always disconnect the appliance from the mains supply.

Cleaning

Always ensure that the Juice Press is turned off and the power cord is unplugged from the power outlet before cleaning, disassembling or assembling and storing the appliance.

Do not immerse motor base in water or other liquids.

- Whenever possible, rinse parts immediately after each use, use the cleaning brush to thoroughly clean the fine mesh holes of the strainer. Brush the inside of the strainer under running water, holding it up towards the light to ensure the fine mesh holes are not blocked.
- Use the cleaning brush provided with the Juice Press. This brush has been specially designed to clean the strainer. Simply place the strainer inside the brush and under running water twist the brush left and right to remove the pulp from the strainer. You will need to use the small brush provided to clean the inside of the strainer, this should also be done under running water. (see Fig. 9)



Fig. 9

If the holes are blocked, soak the strainer in hot water with 10% lemon juice to loosen the blocked holes.

Tips:

If the strainer cannot be cleaned immediately after use, soak the strainer in hot soapy water immediately after juicing is complete. If pulp is left to dry on the strainer, it may clog the fine mesh holes, thereby lessening the effectiveness of the Juice Press. Do not soak the strainer in bleach.

Wash the juice bowl, auger, strainer holder, pulp cup and juicing cup in warm soapy water with the small cleaning brush or a soft cloth. Rinse and dry thoroughly.

Note:Do not place any part of the Juice Press in the dishwasher.

Tips:

Discoloration of the plastic parts may occur with brightly colored fruit and vegetables. To help prevent this, wash parts immediately after use. If discoloration does occur, the plastic parts can be soaked in 10% lemon juice and water or they can be cleaned with a non abrasive cleaner. Do not soak the strainer in bleach. Do not soak the motor base.

4. Wipe the motor base with a soft damp cloth and dry thoroughly. Do not use abrasive scouring pads or cleaners when cleaning the motor base as these may scratch the surface. Wipe any excess food particles from the power cord.

Damage Check

Always check that the appliance is in good working order and that all removable parts are secure. Check the power supply cord and plug regularly for cuts or damage.

Store in a Safe Place

When not in use store your appliance and all its accessories and instruction manual in a safe and dry place.

Troubleshooting

Before you call for service review the trouble shooting tips first.

PROBLEM	POSSIBLE CAUSES	WHAT TO DO
No power to juicer	Juicer not plugged in	Check the juicer is plugged in
Motor has stopped	Bowl has been overfilled with material	Press the reverse power button to try and clear the clog. May need to try this a few times
	Overuse has caused the motor to shut down as a precaution to overheating	Switch off and let the motor cool before using again
	Juicing bowl and Lid are not correctly assembled	Assemble the Juice Press correctly
Leaking from beneath the bowl	Silicon pad on base of bowl not correctly inserted	Make sure silicon pad on base of bowl is correctly inserted
Stain on the bowl, strainer and cleaning brush	Natural color from juicing materials	This is perfectly normal. To reduce discoloration ensure you rinse and clean the appliance immediately after use
Squeaking noise during operation	Juicing noise from squeezing screw	This is perfectly normal. Ensure you do not overload the juicer

Specification

Voltage: 220-240V~ Frequency: 50Hz Power Input: 200W Container Capacity: 1L

Max. operation time:15 minutes

Recipes

NOTE: The following recipes are for reference only. Many recipes can be found in cooking books or on the Internet. Do not be afraid to experiment to your own specific tastes.

Healthy Juices: 1-2 servings

Tangy Apple

1 Apple (core removed) 1 Mandarin, peeled

Apricot Refresher

3 Apricots (with pits removed)1 cup Grapes (seedless or seeds removed)

Apple - Cell

2 Apples (core removed) 2 Celery Stalks 1 Carrot

Invigorator

2 Oranges, peeled 1/4 Fresh Pineapple, peeled

Juicy Juices

Melon Delight

1/2 Cup Cranberries1/2 Honeydew melon, peeled1 Teaspoon Sugar (optional)

Berry Spritz

2 Lemons, peeled
1/4 Cup Blueberries
1/4 Cup strawberries
1/4 Cup Soda Water
1 Tablespoon Sugar (optional)
(After extracting juice, add soda water and sugar (optional)).

Rainbow Paradise

1/4 Fresh Pineapples, peeled1/2 Cup Strawberries1/2 Cup of Raspberries

Pine Berry Delight

1/4 Fresh Pineapple, peeled
1/2 Cup Strawberries
3 Scoops Chilled Vanilla Yoghurt
Extract the juice from the strawberries and
pineapple. Mix the strawberry/pineapple juice
with the rest of the ingredients in a mixer.

Apple Pie Special

2 Apples (core removed) Cinnamon to taste

Blueberry Dream

1 Orange, peeled 1/2 Cup Blue Berries 1 Banana, peeled 1/2 Cup Low-Fat Natural Chilled Yoghurt Extract the juice from the oranges and raspberries. Combine the orange and raspberry juice with the other ingredients in a mixer.

Baking Recipes

Delicious Carrot Cake

8 Carrots (or enough to obtain 1 & 1/2 cups of carrot pulp and 1/2 cup of carrot juice)

2 Eggs

1 Cup of Flour

1 & 1/2 Teaspoons Baking Powder

1/2 Teaspoon Cinnamon

1/2 Teaspoon Salt

1 Cup Granulated Sugar

3/4 Cup Vegetable Oil

2 Teaspoons Vanilla

1/2 Cup Chopped Nuts Confectioner's Sugar

Preheat oven to 160°C. Extract the juice from the carrots, measure out 1 &1/2 cups of pulp and 1/2 cup of juice. Mix together the flour, baking powder, cinnamon and salt and put them aside. Mix eggs, sugar and vegetable oil in a medium sized bowl. Add the flour mixture, carrot juice and pulp in parts. Add the vanilla and nuts and stir. Pour the mixture into a 22.5cm greased baking mould and bake it for 35 to 40 minutes. When the cake has cooled, sprinkle it with confectioner's sugar.

Mandarin Muffins

2 & 1/4 Cups Flour 1 Cup Sugar 3/4 Teaspoon Baking Powder 1/2 Teaspoon Baking Soda 1/2 Teaspoon Salt 1/2 Cup Butter 200ml of Natural Chilled Yoghurt 3 Egg Whites Pulp & Juice from 4 - 6 Mandarins

Stir the flour, sugar, baking powder, baking soda and salt together in a bowl. Add butter. Stir in the yoghurt, egg whites, mandarin pulp and mandarin juice. Pour the dough mixture into a greased or paper covered muffin sheet and bake the muffins at 160°C for 20-25 minutes.

Helpful Hints

Follow these suggestions to obtain the best results from your Juice Press.

- Do not place any fruit or vegetables in your Juice Press until power is switched on and the motor is spinning.
- Do not use bananas or avocados as they do not contain juice and will clog the appliance. Add them separately in a blender.
- Allow Juice Press to run for a few seconds before commencing juicing.
- Any fruit or vegetable that will fit the tube can be put through the feed tube. The only time it is necessary to cut is when something is too large. Then it should be cut into large enough pieces to fit in the tube.
- Remove large pits such as peach, mango, etc., as they will damage the appliance.
- Do not force food into the Juice Press; allow food to pass through slowly and steadily using the pusher.
- Let the Juice Press run for a few seconds before switching off to allow any excess juice to be extracted from the pulp. Once switched off, wait until the appliance has come to a complete standstill and has fully cooled before disassembling.
- We do not recommend using overripe fruit as it will leave too much pulp in the filter and clog the appliance.
- Do not pour liquids into the appliance at any time unless you are following instructions for making soy, rice, or nut milk.
- When juicing herbs or wheat grass, wrap them in larger leafed vegetables such as spinach, cabbage, etc., and follow by a fruit or vegetable that contains an abundance of juice such as pineapple, apple, etc.
- When using small or thin fruits or vegetables, add more of them at the same time. For example, insert 2 or 3 carrots at a time into the tube for best results.
- Fibrous vegetables such as celery and denser vegetables such as beets should be chopped and fed slowly into the tube to reduce clogging.



GSM International Ltd.

Consumer Service Centre: 1300 373 199

GSM International Ltd has a policy of continual improvement throughout the product range. As such the unit contained within may differ slightly from the unit illustrated on the pack.

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